

Proclamation

By the Mayor of Prattville, Alabama

WHEREAS, cardiovascular disease is the leading cause of death in women, claiming more lives than all forms of cancer combined; and

WHEREAS, only 44% of women recognize that cardiovascular disease is their greatest health threat; and

WHEREAS, overall, 10% to 20% of women will have a health issue during pregnancy. High blood pressure, preeclampsia, and gestational diabetes during pregnancy will greatly increase a woman's risk for developing cardiovascular disease later in life; and

WHEREAS, most cardiac and stroke events can be prevented through education and lifestyle changes, such as moving more, eating smarter, and managing blood pressure; and

WHEREAS, since 2004, the American Heart Association's GO Red For Women movement has addressed the awareness and clinical care gaps of women's greatest health threat, cardiovascular disease, and, on the cusp of the American Heart Association's 100th anniversary, continues to make bold moves to save lives and pioneer scientific discoveries.

NOW, THEREFORE, I, Bill Gillespie, Jr., Mayor of the City of Prattville, do hereby proclaim Monday, February 2, 2024

National Wear Red Day

in Prattville, Alabama.

Given Under My Hand and the Seal of the City of Prattville on the 2^{nd} day of February 2024.

Mayor Bill Gillespie, Jr.

